12 Steps

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

These steps are from the book, "Alcoholics Anonymous"
At There Is A Solution Inc.

our guests are fully immersed in the Twelve Steps, the best known, most consistent and effective model for successful treatment of alcoholism and drug addiction. The AA Big Book is required reading for everyone in our program. In addition to Step Work, our curriculum includes a variety of house meetings, along with mandatory attendance at AA and NA meetings. Opportunities for exercise and relaxation include; hiking, yoga and meditation workshops. As our guests learn to master, embrace and enjoy these elements of life, it will help them to find peace, strength and confidence in focused time alone. These life tools are a cornerstone to a meaningful, fulfilled, and long-lasting sober lifestyle.

Our Mission

There Is A Solution Inc. was founded to create a home-like environment for men 18 and older who have completed 30 days of continuous sobriety. These individuals must have a sincere desire to complete all steps within a 12-step recovery program, while remaining in a supportive recovery community as they practice and develop their sober life style.

A Working House

“Sloth makes all things difficult, but industry all easy; and he that riseth late must trot all day, and shall scarce overtake his business at night: while laziness travels so slowly, that poverty soon overtakes him.”

–Benjamin Franklin

We believe that work is a very crucial component to a healthy/functional sobriety. It enables one to find purpose and direction, while boosting self esteem. This helps create a principle based balance of self management, time management and money management.

N.A. 12 STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.